

# Under the Hood



South Bay CoDA Conference

April 21, 2018

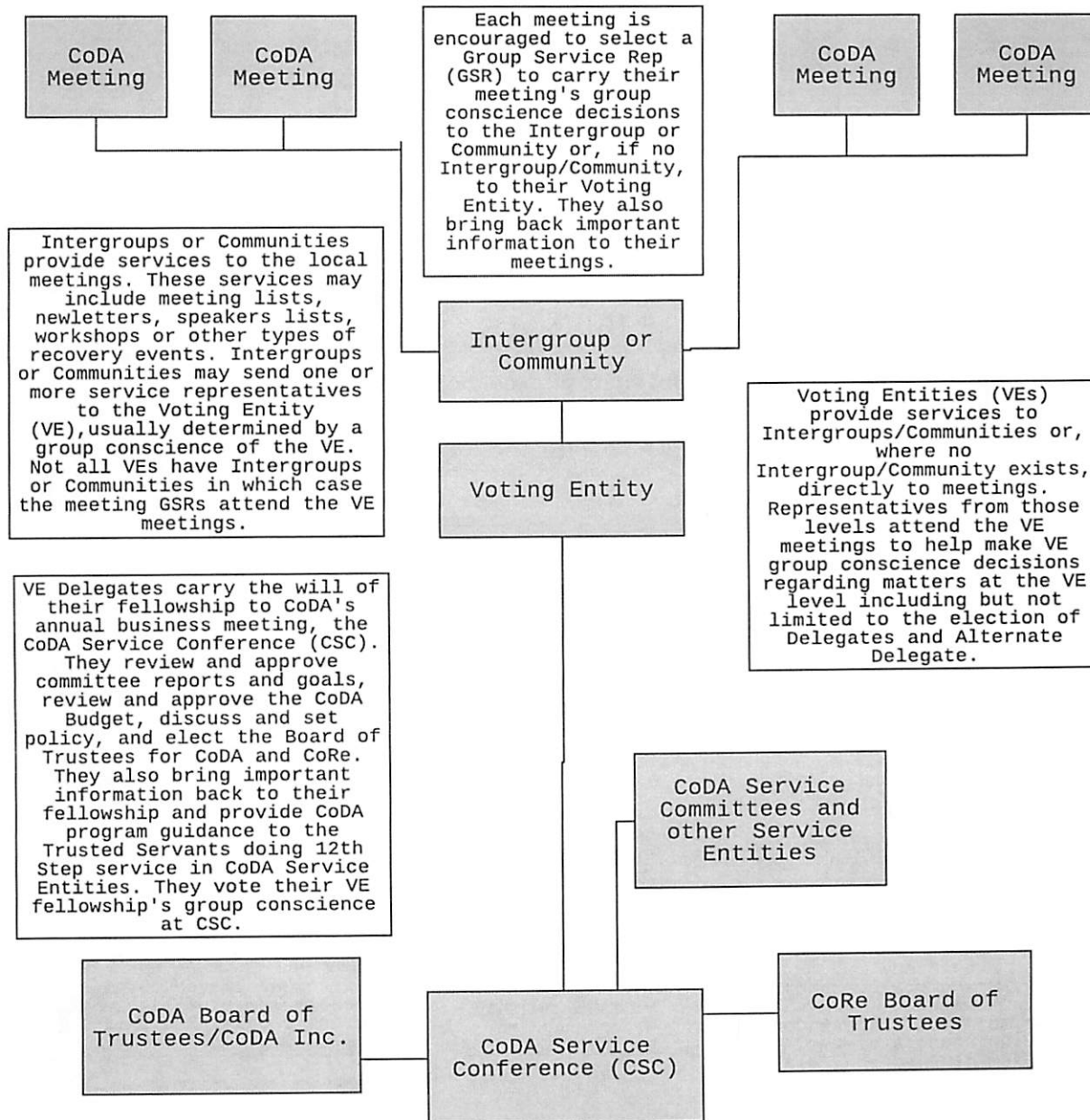
Presented by

Leslie C

Barbara D

## Co-Dependents Anonymous Structure Chart

Group conscience decision making provides a foundation for the entire service structure of Co-Dependents Anonymous (CoDA). It is an inverted pyramid and begins in our meetings, moving down to our Intergroups or Communities, continuing through our Voting Entities (VEs) and finally reaching the CoDA Inc. organization. Not every VE has both Intergroups or Communities



## Service Opportunities

### Step Twelve

Having had a spiritual awakening as the result of these steps, we tried to carry this message to other codependents, and to practice these principles in all our affairs.

Doing service in CoDA will turbocharge your recovery. There are so many opportunities at the level of CoDA World Fellowship, you are bound to find something that fits your schedule and your interests. Much service is done by phone and email, so you never have to leave your home. Here are a few ideas:

- Join the CoDA Email Team (CET) and answer email from CoDA members and curious non-members. Contact the Communications committee at [comm@coda.org](mailto:comm@coda.org).
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- Share your experience, strength, and hope in a short story, poem, cartoon with thousands of subscribers to the CoDA e-newsletter. Contact CoNnections at [connections@coda.org](mailto:connections@coda.org).
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- Sign up to be a CoDA pen pal with a prisoner. All messages will go through a neutral CoDA address so it is not necessary to reveal your home address or email address to your pen pal. Contact the H&I committee at [hosp@coda.org](mailto:hosp@coda.org).
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- Volunteer to keep the information about your own meeting(s) up to date by periodically reviewing what is on the <http://coda.org> website. Updates can be sent to [meeting@coda.org](mailto:meeting@coda.org)
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- If you can read/write Spanish and English, and wish to help codependents learn about CoDA and find CoDA meetings, please write in English to the Spanish Outreach committee at [espanol@coda.org](mailto:espanol@coda.org).
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- If you read/write other languages, consider joining the Translation Management Committee to help CoDA members in other countries. Contact them at [tmc@coda.org](mailto:tmc@coda.org).

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- If numbers are your thing, consider joining the Finance Committee at [finance@coda.org](mailto:finance@coda.org)

More information about these and other service opportunities to carry the message of recovery can be found on the CoDA website at <http://coda.org/index.cfm/service-info/>

For more information in general, check out <http://coda.org/> and <http://www.norcalcoda.org/>

## Websites

Coda.org (CoDA World)

- Find a Meeting
- Buy Literature\*
- Meeting Materials
- Outreach

norcalcoda.org (Northern California CoDA Voting Entity)

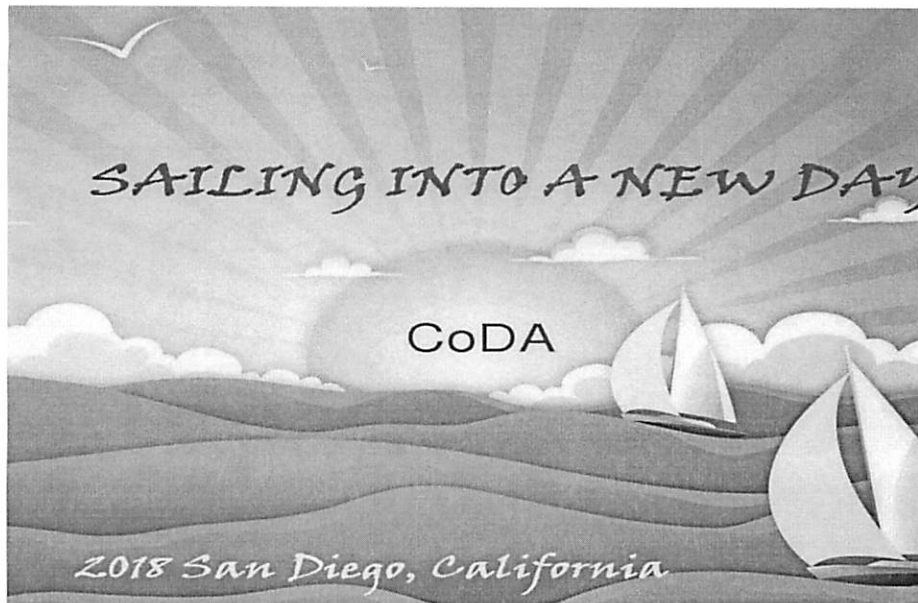
- sfbaycoda.net (Bay Area Intergroup)
- sbcoda.org (South Bay CoDA Intergroup)
- greatersaccoda.org (Greater Sacramento Intergroup)

\*corepublications.org (CoDA online store AKA CoRe)

Acronym	Full Wording	Definition or Function
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7th Tradition	7th Tradition Donation	What CoDA members give to support their local group, what a local group gives to support the CoDA entities above them.
AMC	Association Management Company	A company that specializes in providing management services and guidance to Not-for-Profits.
BK	Bookkeeper	An employee of the AMC
BL	Board Liason	A member of the CoDA board assigned to be the point of contact with a committee
CEC	CoDA Events Committee	Standing committee,
CET	CoDA Email Team	Answers email sent to info@CoDA.org, a subgroup of Comm
Chairs	Chair's Forum	Forum by which committee chairs share ESH related to serving CoDA, Inc.
CLC	CoDA Literature Committee	Standing committee,
CoDA	Co-Dependents Anonymous, Inc.	The name of our organization.
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ComCom	CoDA Communications Committee	Standing committee,
Comm	CoDA Communications Committee	Standing committee,
Co-NNections	Co-NNections Committee	Standing committee,
CoRe	CoDA Resourse Publishing	Puliishes and distributes CoDA Literature, and is the source of royalty income
CPhone	CoDA Phone Ansering group	A subgroup of the Communications Committee
CSC	CoDA Service Conference	The annual business meeting CoDA, Inc.
ERAP	Expense Reimbursement Approval Procedure	Procedures a TS must follow to be reimbursed for expenses occurred while serving CoDA, Inc.
ERP	Expense Reimbursement Policy	CoDA's Policy on what are reimbursable expenses.
ERR	Expense Reimbursement Request	Used by Trusted Servants to request reimbursement for travel expenses
ESH	Experience, Strength, & Hope	What CoDA members share with each other using "I statements".
Events	CoDA Events Committee	Standing committee,
F2F	Face to Face	A meeting to conuct CoDA business in person
FC	Finance Committee	Standing committee,
FL	Finance Liason	member of the FC assigned to be the point of contact with another committee
FS	Fellowship Services	Includes mail handling and meeting updates by an independent contractor
FSM	Fellowship Service Manual	Manual that is our repository of information that governs CoDA.
FSW	Fellowship Service Worker	Someone who serves the Fellowship, and is paid by the Fellowship to serve the Fellowship.
GC	Group Conscience	A decision made by a group or the process of making a decision. See FSM
GSR	Group Service Representative	A member of a local CoDA group who represents the group at the next level in the CoDA structure.
H&I	Hospital & Institutions Committee	Standing committee,
ICC	International CoDA Convention	Usually follows CSC coordinated by Events
IG	Intergroup	

IMC	Issues & Mediation Committee	Resolves issues between CoDA groups or people, and tracks Voting Entity issues
ITF	International Task Force	
LIT	CoDA Literature Committee	Standing committee,
MIS	Meeting information sheet	A form submitted by Chairs to the FC to act as a head up of the expenses
MSP*	Meeting Starter Packet	Now the CoDA Meeting Handbook, contains all you need to lead a meeting.
NLC*	National Literature Committee	Replaced by the CLC
NSC*	National Service Conference	
Outreach	Outreach Committee	Standing committee,
P&P	Policy & Procedures Manual	
POTF*	Proactive Outreach Task Force	Lead to the rebirth of the Outreach Committee in ?2013-14
QSR	Quarterly Service Report	Includes Board and Committee reports to the fellowship
SOS		The name of our Association Management Company (see AMC)
SPO	Spanish Outreach Committee	Standing committee,
SS	Smart Sheet	an online spreadsheet application used to collect ERR submissions & track their approval
SSC	Service Structure Committee	Standing committee, the keeper of the foundation documents & FSM.
TMC	Translation Management Committee	Co-ordinates/manages the various language translations
TRO	Travel Reimbursement Opportunity	Financial help for delegates to attend CSC.
TS	Trusted Servant	a CoDA member who is serving CoDA in some capacity
VE	Voting Entity	Each State & territory of the USA and each Country is entitled to 2 voting delegates
VEL	Voting Entity Liason	A member of IMC who is tasked to help Delegates effectively serve at CSC.?
WCC	World Connections Committee	Standing committee, new in 2013, grew out of the ITF
WOW	Website Oversight Workgroup	A workgroup to help the Web Liaison oversee improvements to the website
WSAG*	Web Support Advisory Group	Provided expertise and advised the Board on issues concerning the Website.
WSO*	World Service Organization or CoDA -WS	Activities and responsibilities have been reabsorbed into Co-Dependents Anonymous, Inc.
*nolonger used		



## *workshops and speaker meetings*

### International CoDA Convention (ICC)

October 12-14, 2018

Register@ [www.coda.org](http://www.coda.org)

#### **Registration Fee**

Early Registration **\$50.00** (until May 1<sup>st</sup>)

Registration **\$65.00** (after May 1<sup>st</sup>)

Can also register by mail and pay by check  
(Note in memo line: ICC Registration and your email)

Mail check to CODA Fellowship Offices

P.O. Box 33577, Phoenix, AZ 85067-3577.

Must be postmarked by September 27, 2018

#### **Send registration questions to**

[iccregistration@coda.org](mailto:iccregistration@coda.org)

#### **Meal Purchase**

Friday Evening Dinner \$25.00

Sunday Breakfast \$15.00

(Meals occur before speaker)

#### **Workshops/Speakers**

"Friday Welcome For All Registrants "  
(Workshops 9 am to 5 pm Friday and Saturday)

#### **Free Speaker Meetings**

Friday, Saturday, and Sunday

(No need to pay registration fee to attend)

#### **Send workshop & speaker questions to**

[iceworkshops@coda.org](mailto:iceworkshops@coda.org)

#### **Workshop program available**

**October 1, 2018 at:**

<http://coda.org/index.cfm/world-service-events/>

## *annual business meeting*

### CoDA Service Conference (CSC)

October 9-12, 2018

Delegate Packets-available September 15

@[www.coda.org](http://www.coda.org)

Business Meeting Agenda-available October 1, @

[www.coda.org](http://www.coda.org)

Send questions for delegate packets to

[imcvel@coda.org](mailto:imcvel@coda.org)

#### **Hotel Information**

#### **Crowne Plaza Mission Valley**

2270 Hotel Circle N.

San Diego, California

619.297.1101

#### **Room Rate \$115.00**

(Group rate available October 5<sup>th</sup> - 14)

#### **Hotel Room Share Sign Up**

<http://bit.ly/2znBWkz>

Shuttle information posted at

[www.coda.org](http://www.coda.org)

#### **Reservations**

Call 866.663.4592

Use group code "CDA" or

Co-Dependents Anonymous

**Or Online**

<http://tinyurl.com/ydxsd269>

#### **Want to be of service?**

Volunteer

Email: [cec@coda.org](mailto:cec@coda.org)

with your contact information